

# DREAM MENTORS INTERNATIONAL

## CORE COACHING STANDARDS

These DM Core Coaching Standards are the standards necessary for two distinct types of Christian/Biblical Coaches. Coach Type I is the Christian/Biblical life coach and Coach Type II is the Christian Transformational Life Coach which is a specialty of the profession of Christian/Biblical life coaching.

The Dream Mentors International components that recognize you as a certified Christian/Biblical Coach or a Certified Transformational Life Coach is your ability to adhere to the three areas of coach development that recognize you as an excellent Christian coach. These coaching standards are the basics necessary to be considered a Christian or Biblical life coach (Type I) with or without a specialization in Transformational Life Coaching (Type II).

As a Dream Mentors certified Christian/Biblical coach (Type I) or Christian Transformational Life Coach (Type II) you will adhere to these three main coaching standards within the context of the profession of life coaching along with the wisdom and revelation knowledge of the Word of God, the Holy Spirit and a deep and personal relationship with Jesus Christ.

In addition you will adhere to the specialization of how the spirit, soul and body work to advance the profession of life coaching from a biblical and kingdom perspective if you are working toward a certification as a Christian Transformational Life Coach.

### **Coach Attitude**

Consists of 4 key components which include coach confidence, client relationship building, coach contract, and ethical guidelines established by Dream Mentors International Coach Advisory Board.

**Coach Confidence** is how does the coach handle themselves in the coaching session? Are they meeting client where they are at with proper language. Does the coach have the internal listening skills to know when to speak up and encourage the client onto goals appropriately?

**Client Relationship** building is understanding client's position and moving in line with their current goals. Coach is establishing a personal and trustworthy relationship which breeds mutual respect. A safe and effective environment is established by coach in which client feels they can move effectively toward goals.

**Coach Contract** in which now the coach can enter into agreement with client based on their goals and discuss contracts, fees, etc. Both parties feel they are entering into an agreement that is ultimately best for the client.

**Ethical guidelines** established by Dream Mentors, International Coach Advisory Board. Coaches understand guidelines and will hold themselves accountable to these standards.

## **Coach Transformation Skills**

Consist of 4 key components which include active listening, effective questioning, clarification, appropriate feedback

**Active Listening** in which the coach effectively listens to client and is able to help the client reach their goals through specific skills in exploring client's feelings and emotional states. Affirms the client until they realize truths about themselves.

**Effective questioning** in which the coach encourages client exploration of thoughts and emotions. This motivates clients to see blockades and hindrances. Be able to choose effective questions to encourage client in their goals and agenda.

**Clarification** is where the coach clarifies the client's answers and continues to effectively answer questions that probe the depth beyond their responses.

**Appropriate feedback** is where the coach knows what language to use to encourage client toward their goals. They know if they are hindering the process or advancing the client.

## **Client Centered Approach**

Consists of 4 key components which include establishing client goals, teaching conscious self awareness, encouraging commitment to the coaching process, and applying continual self-discovery to the relationship.

**Establishing client goals** through encouraging the client to focus on the reasons for coaching. The coach learns to see beyond the initial meeting and help the client see their resources for change.

**Teaching conscious self-awareness** by looking at many facets of the client's concerns so that the client can be challenged to go beyond the confines of their mind onto the completion of their goals.

**Encouraging commitment** to the coaching process by keeping client on track and walking with them through the process. Coaches must learn to reframe their thinking so that they become accountable for their choices and actions.

**Self-discovery** is continually encouraged by motivating client to incorporate new actions in to their perspective. Coach explores new avenues with client to reach goals.

# DREAM MENTORS INTERNATIONAL CHRISTIAN TRANSFORMATIONAL LIFE COACHING PROFESSIONAL ETHICS CODE

## The DMTLC Standards of Ethical Conduct

### I. Definition of Christian / Biblical Life Coaching

- **Christian/Biblical Life Coaching** is the blend of professional life coaching along with the wisdom and revelation knowledge of the Word of God, Holy Spirit, and a deep and personal relationship with God that permeates your life and your Christian coaching.

### II. Definition of Christian Transformational Life Coaching

- **Transformational Christian Life Coaching:** It is the study of Christian coaching but from a holistic perspective. It is a perspective that focuses on an understanding of how God transforms the Spirit, Soul & Body into the likeness of His Son.
- Our coaches come alongside clients to help them pursue their purpose and destiny using specific tools outlined in the Word of God. We help our clients to learn about how their spirit, soul and body function together to increase their ability to reach their God-given goals. We also teach the spiritual disciplines so that our clients may become more connected to the Holy Spirit who leads and guides them in their destiny.
- **Transformational Christian life coaches enter professional coaching relationships** when the client agrees to work with them and a contract is drawn up between the two parties. There may or may not be a transfer of funds but at all times the relationship is considered professional.
- **A Dream Mentors TLC agrees** to practice the Dream Mentors professional code of ethics. A DM professional coach agrees to practice the DM Core Coaching Standards as required by Dream Mentors.

## **DM Transformational Life Coach Professional Requirements**

**The DMTL coach is the professional administering the services. The client is considered to be the one seeking coaching services.**

- **As a DMTL Coach:**

I will be open and honest with my client at all times and I will not make any false statements about my abilities or services as a coach. I will share my education and credentials with client. I will not enter the coaching agreement without explaining to my clients that I am a DMTLC and what this means for the services I provide. I will share with them my position as a DMTLC and I will allow them to consider whether or not they would like to have coaching services from this perspective.

I will maintain awareness about personal challenges that may effect my performance as a coach. I will be aware of any issues that may impair my relationship with a client. If I should discover that a certain professional relationship is not productive to engage in, I will not engage in that relationship. I will seek professional help or terminate my coach-client relationship if necessary. Upon termination, I will refer the client to another coach for further services.

I will uphold the highest integrity and honor when conducting research. To ensure protection for all participants I will conduct my research with respect and honor for the participants. My research will be conducted within the limits of the laws of the land in which I am performing. I will get prior approval from all parties before participating.

I will secure any coaching records in my clients so that they will remain confidential and private at all times. I will eliminate any of the records in a manner that will not impair the client's confidentiality.

I will not share DMTLC contact information with others without the prior approval of Dream Mentors International.

## **Transformational Life Coach Conflicts of Interest**

- **As a DMTL Coach:**

I will recognize potential conflicts of interest and will not engage with client where this may be a concern. I will promptly remove myself from any conflicts of interests if they should develop.

I will share with my client any third party compensation or referral compensation I may be receiving to provide services to them.

Where it is stated in the client contract that financial remuneration is to be given I will adhere to those guidelines. Where necessary, I will provide pro-bono services and will not allow any person to go without services due to monetary issues. If I know that I cannot perform the function of coach because I must receive monetary remuneration I will inform Dream Mentors so that they can refer my client to another coach for pro-bono services. I will not allow barter exchanges for services that will impair the coaching relationship.

## **Transformational Life Coach Client Conduct**

- **As a DMTL Coach:**

I will inform my client that I use spiritual disciplines to help them connect with the heart of God so that they may be more transformed into the likeness of Christ. I will not force my personal beliefs on the client but will be respectful of their denominational background and will only introduce those disciplines which will not go against their personal belief system. I will not make false claims about my coaching abilities or my expertise in the area of spiritual disciplines.

I will answer all questions my client may have and if I cannot answer them I will refer them to a Dream Mentors Master Coach or their pastor if they have one. I will be open and honest about the coaching process. I will also make my client aware that upon agreeing to my services I will be helping them work toward God-given goals and this may actually go against their practical goal.

At all times I will be sensitive to my clients needs and denominational beliefs not inferring my beliefs upon them but encouraging them into a deeper relationship with the Lord within in their mental framework.

I will always be honest and open about my qualifications and will not offer information that is false or misleading.

I will set forth in my contract clear boundaries for my services and what I am able to provide the client within the coaching relationship. This includes the God-given goals of Transformational Christian Life coaching, confidentiality, financial benefits, and any other terms that are unique to myself as a professional coach.

I will adhere to appropriate boundaries denominationally, culturally, and sexually with my clients and will seek to provide the safest of circumstances for both myself and my client.

The client may terminate our arrangement at any time subject to the provisions of our coaching contract. I will not continue coaching my client if there is evidence that our relationship is no longer beneficial to the client.

I will refer my client to another Dream Mentors coach should I be unable to fulfill my obligations appropriately.

## **Transformational Life Coach Confidentiality Requirements**

- **As a DMTL Coach:**

I will agree to adhere to confidentiality in regards to my client. I will not divulge any information concerning my client unless this is stated in the contract or required by law. I will not adhere to confidentiality concerning the client in areas that may cause harm to another person or be against the law. This will be stated clearly in my contract with the client.

As a Master/mentor Coach Trainer I will teach and train with the utmost integrity every area of Transformational Life Coaching that is necessary for my student coaches to handle their professional relationships with Godly wisdom and insight.

# **DREAM MENTORS INTERNATIONAL**

## **CODE OF ETHICS AGREEMENT**

I, \_\_\_\_\_, as a Dream Mentors Certified Christian/ Biblical Coach (Type I) or a Christian Transformational Life Coach (Type II) I agree to adhere to the DM Transformational Code of Ethics in my professional coaching relationships. I will represent myself, Dream Mentors, and Jesus Christ in all of my dealings with coaches, clients, third-parties, or the public. I will practice the above DM Core Coaching Standards and Professional Ethics requirements without compromise.

If I am unable to uphold any of these standards I agree to relinquish my certification or membership without legal cost to Dream Mentors. Dream Mentors has sole discretion to hold me accountable for my actions and to rebuke my certificate to practice under the Dream Mentors name or membership.

**These DM ethical standards were developed on July 1, 2009 by Dream Mentors International and Founders, Adam and Candice Smithyman. DM is a non-profit 501 (c) 3 organization. Our vision is to connect each person on the planet with a life coach, mentor or counselor.**

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